

# My Next Move Career Interest Assessment



Start at [www.mynextmove.org](http://www.mynextmove.org) to here to take the **O\*Net Interest Profiler** for career suggestions that match your interests and educational goals. Follow the directions to answer 60 questions about the types of work that you would enjoy. Your Interest Profiler results will show how your work interests fall into these six categories:

<p>_____ <b>R</b>ealistic = <b>Hands-on problem solver</b></p> <p>Likes work that includes practical, hands-on problems and answers. Often does not like careers that involve paperwork or working closely with others.</p>	<p>_____ <b>S</b>ocial = <b>People-oriented helper</b></p> <p>Likes working with others to help them learn and grow; likes working with people more than working with objects, machines, or information.</p>
<p>_____ <b>I</b>nvestigative = <b>Mental problem solver</b></p> <p>Likes work that has to do with ideas and thinking rather than physical activity or leading people.</p>	<p>_____ <b>E</b>nterprising = <b>Action-oriented, persuasive leader</b></p> <p>Likes work that has to do with starting up and carrying out business projects, and taking action rather than thinking about things.</p>
<p>_____ <b>A</b>rtistic = <b>Self-expressive creator</b></p> <p>Likes work that deals with the artistic side of things, such as acting, music, art, and design.</p>	<p>_____ <b>C</b>onventional = <b>Process-oriented worker</b></p> <p>Likes work that follows set procedures and routines, and prefers working with information and details rather than working with ideas.</p>

Write your scores above and circle the one that is the most interesting to you.

# Exploring Career Possibilities

## How much education, training, and experience do I need?

Each O\*NET career is in one of five Job Zones, which are groups of careers that need the same level of experience, education, and training. Different careers need different amounts of preparation. You will be asked to pick a Job Zone. Using your Job Zone and your interests, the Interest Profiler will help you identify and explore careers that might be right for you:

	Education	Training	Experience
<b>Job Zone 5</b>	<b>Graduate level</b>	Acquired prior	Extensive
<b>Job Zone 4</b>	<b>4-year bachelor degree</b>	Several years	High (4 years+)
<b>Job Zone 3</b>	<b>2-year associate degree</b>	One to two years	Medium (several years)
Job Zone 2	High school or equivalency	A few months to one year	Some
Job Zone 1	May need HS or HSE	Days to a few months	Little or none

## Interests + Job Zone = Career Possibilities

You will be presented with a list of careers that could possibly be **best** or great fit for you based on your Interest Profile and your selected Job Zone – it's time to explore these options! You can click through on each Career Profile to learn more about the following:

- What they do (watch a video!)
- Knowledge, skills and abilities required for this career
- Personality traits that are a good fit
- Technology used on the job
- Education Requirements
- Job Outlook and Average Salary
- Resources to Explore More!

To explore options in other Job Zones or to revisit the website, you can click on the Interest Profiler (the same place you started) and enter your RIASEC scores here:

**MY NEXT MOVE**

o-net in-it

HOME SEARCH INDUSTRIES INTERESTS

**O\*NET Interest Profiler**

Welcome to the O\*NET Interest Profiler!

The O\*NET Interest Profiler can help you find out what your interests are and how they relate to the world of work. You can find out what you like to do.

The O\*NET Interest Profiler helps you decide what kinds of careers you might want to explore.

On each screen, click the **Next** button at the bottom to continue. You can use the **Back** button at the bottom to re-read the instructions or change your answers.

User Agreement  
Proper Use

Taken the Interest Profiler before?  
Enter scores

Start Interests Results Job Zones Careers Next

My Next Move is sponsored by the U.S. Department of Labor, Employment & Training Administration, and developed by the National Center for O\*NET Development.